



MIAMIBEACH

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PRESS RELEASE

Yoga in Flamingo Park Continues at a Nominal Fee

Miami Beach, FL - The City of Miami Beach Parks and Recreation Department together with the Miami Beach Police Athletic League are proud to announce the continuation of Yoga in Flamingo Park. Palmetto Ford, www.palmettotruck.com (888-881-8542), contributed \$1,500 towards the Yoga class in order to ensure its continued success, including the addition of one extra day of class. Beginning August 3, 2009 Yoga will be offered 3 times a week by adding Monday evening, the new class schedule will be Monday and Wednesday evening from 6:00 - 7:00 pm and Saturday morning from 9:30 - 10:30 am.

In order to attend Yoga class at Flamingo Park, you must purchase a Yoga punch card inside the Miami Beach Police Athletic League Gym office (999 - 11th Street). Fees for the class are \$20 for 8 classes, \$10 for 4 classes or \$5 for a single class. Please purchase your card today and begin your Yoga experience.

For additional class information, please call instructor Victoria Brunacci at 786-444-1817. For information on sponsorship opportunities or to make a donation, please call Officer Morgan at 305-531-5636 ext. 21.

Look for future events and other Miami Beach Parks and Recreation programming in your Recreation Review, call our offices at 305-673-7730 or visit our new and improved website at www.miamibeachparks.com.

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