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City of Miami Beach, 1700 Convention Center Drive, Miami Beach, Florida 33139, www.miamibeachfl.gov

COMMITTEE MEMORANDUM

TO: Finance and Citywide Projects Committee

FROM: Kathie G. Brooks, Interim City Manager

DATE: December 20, 2012

W. [Signature] (for KGB)

SUBJECT: Discussion Regarding Motions Made By the Quality of Education Committee During Their September Meeting

On October 24, 2012, Commissioner Libbin requested the motion made by the Committee for Quality Education regarding health care in feeder pattern public schools be referred to the Finance and Citywide Projects Committee to discuss consideration of the request to strengthen Education Compact activities as they relate to health and well-being. The Committee for Quality Education made the following motion at the September 24, 2012, meeting regarding health care in our public schools:

The health and well-being of our children is of paramount importance and should be considered a community priority and responsibility. Therefore, the Committee for Quality Education recommends the Mayor and City Commission review the Health and Well-being activities in the Education Compact to strengthen them and consider funding support.

The Education Compact with Miami-Dade County Public Schools (M-DCPS), established on January 16, 2008, includes the outcome to increase the health and well-being of students in Miami Beach public schools. The activities included in the agreement to support this outcome include the following:

- The school District will maintain health clinics (nurse practitioners and/or registered nurses) at Fienberg-Fisher, Biscayne, Nautilus, and Miami Beach Senior High, subject to continued available funding, and will work with all Miami Beach schools to coordinate visits from the Health Connect on Wheels service (as available) or similar service to schools and/or Miami Beach recreation centers;
- The District and the City will collaborate to deliver information regarding health and wellness education, prevention and intervention strategies regarding nutrition, physical activity levels, and health maintenance in accordance with the District's Wellness Initiative;
- The City will explore the development of a middle school-level after-school program. The District will collaborate with the City by assisting with the recruitment of students, including providing space within District-owned facilities as needed, and exploring expanded transportation options for participating students; and,
- District will explore the expansion of full-time nurse practitioners and/or registered nurses at schools without health clinics, subject to available funding.

Of the eight Miami Dade County Public Schools that fall within the City of Miami Beach feeder pattern, there is Health Connect in Our Schools (HCIOS) Suites in five of them: Biscayne Elementary, South Pointe Elementary, Fienberg-Fisher K-8 Center, Nautilus Middle School, and Miami Beach Senior High School. For students that do not require routine medications, the HCIOS is used for nursing assessments, administration of first aide, consulting with parents and caregivers, etc. These are considered Non-Routine Medication visits and they account for over 90% of all the services provided amongst the HCIOS health suites. During the 2011-12 school year, there were 12,798 visits to the health suites of the five HCIOS schools. This represents roughly 4.6% of the over 275,000 visits that occurred in all 157 HCIOS sites. Nautilus Middle accounted for nearly 1/3 of all visits, although based on enrollment; it only represented 20% of the student population of the five schools. The two elementary schools accounted for another 30% of all visits. Conversely, Miami Beach Senior High School accounts for over 40% of the student population, but only 15% of the health suite visits.

Each of the schools above with health services has one health aide on site full-time to provide the day-to-day services in the health suites. The equivalent of two full time higher-level nurses provides services to all five schools. Additionally, a social worker serves each school, however, MDCPS provides this portion at Biscayne Elementary, South Pointe Elementary, and Miami Beach Senior High School. The remaining schools have HCIOS social workers.

The Children's Trust contracts with nine providers to deliver health services via school based health suites to approximately 5,793 students at five schools in Miami Beach currently receiving services. The three remaining schools in the Miami Beach feeder pattern that do not have full-time onsite services are North Beach Elementary (1,024 students), Treasure Island (683 students), and Ruth K. Broad Bay Harbor Elementary (1,265 students), of which approximately 1,297 reside within City of Miami Beach limits and attend either North Beach Elementary or Treasure Island Elementary. Approximately 40 % of students at Treasure Island reside within City of Miami Beach limits, while no students at Ruth K. Broad Bay Harbor K-8 reside within Miami Beach.

Currently, the three school above are considered "Satellite" schools. Satellite (Basic) Schools Health Services was implemented to ensure that some level of basic health services are provided in all Miami-Dade County Public Schools by a registered professional nurse. Nurses are available to address on-call requests and consultations in Satellite (Basic) schools. These schools also receive the following health services from the Miami Dade County Health Department (per Pamela Toomer, Assitant Community Health Nursing Director):

- School site visits throughout the year
- School needs assessments with principal input
- Tracking of students opting out of health services
- Monitor immunization compliance
- Monitor documented Temporary Medical Exemptions/Immunization Records
- Consultation with school staff as needed
- Consultation with parent/guardians as needed
- Individual (Student) Health Care Plans
- Provide child specific trainings

Additionally, per Wilma Steiner, Director Comprehensive Health Service MDCPS, mandated school health services for every public school include preventive dental programs, vision screenings, hearing screenings, scoliosis screenings, growth and development screening/BMI, health counseling, referral and follow up of suspected or confirmed health problems, medication administration, prevention of communicable diseases, and health education curriculum. Complete optometric exams and lenses are offered to low income

students through the Miami- Lighthouse, Children's Vision Program, available at the school site.

Historically, the City of Miami Beach has partnered with Health Connect on Wheels to provide pediatric services to youth at City owned recreational facilities. Recently, the City partnered with the University of Miami Miller School of Medicine Pediatric Mobile Clinic to provide comprehensive health care services free-of-charge to youth in our community who do not have medical insurance up to twice per month at City recreational facilities. The City's responsibilities for the partnership include scheduling of visits, arranging access at recreational facilities, providing space for consultations, and promoting the clinic. Visits have been scheduled through the month of April 2013, and additional visits will be scheduled for the remainder of 2013. Separately, the City is evaluating a potential program through the Fire Department that would support Youth Outreach to provide health and wellness education, prevention and intervention strategies regarding safety, physical activity levels, nutrition, health maintenance, basic first aid assistance, and consulting with parents/caregivers, after-school at City owned recreational facilities using Fire Rescue personnel during regular working hours once per month and is seeking direction from the committee members.

In addition to these existing efforts, Miami Beach Community Health Center, our City's Federally Qualified Health Center (FQHC), has been in preliminary talks with Barry University, Physician Assistant Program, to explore collaborative mobile health services. If pursued, the Center will be able to provide citywide health services using specially equipped vehicles and staffed by physician assistant students completing clinical rotations. Under such a delivery model, youth, the elderly and healthcare challenged populations would be able to access health care within a sustainable service model that would utilize insurance reimbursements, FQHC reimbursement rates for indigent care, and user co-pays, as appropriate, to fund services. In addition to obtaining service under the umbrella of Miami Beach Community Health Center and its provider network (which includes Jackson Memorial Hospital), patients served by the mobile program will be able to access special pricing for pharmacy services. This added feature is critical to ensuring that residents with ongoing medical conditions obtain needed medicines to manage their conditions. Additional information regarding this effort will be shared as progress is made.

The full HealthConnect suite has an estimated annual cost per ranging from \$95,000-125,000), which includes \$62,000 for a full time Registered Nurse (with benefits), and \$30,000 for a full time medical assistant (with benefits). The Children's Trust is working to find the means and the method to expand their school-based healthcare system, known as HealthConnect in Our Schools, into a comprehensive set of services accessible to all students in the Miami-Dade Public Schools throughout our county.

KGB/LDR