MIAMI BEACH FIRE RESCUE

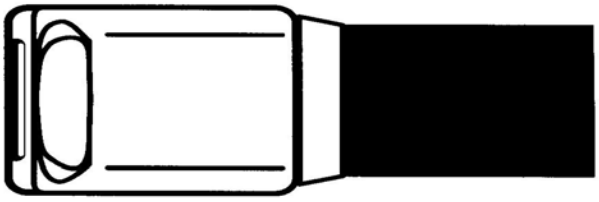
"RAPID RESPONSE, QUALITY SERVICES"

INJURY PREVENTION

FOR EMERGENCIES - DIAL 9-1-1

PUBLIC EDUCATION - DIAL (305) 673-7165

FLAMBO



LIFE'S A SNAP!

Buckle everyone - every time! It's the law!

Use lap & shoulder belt, or use the L.A.T.C.H. system, if possible, to install child safety seats.

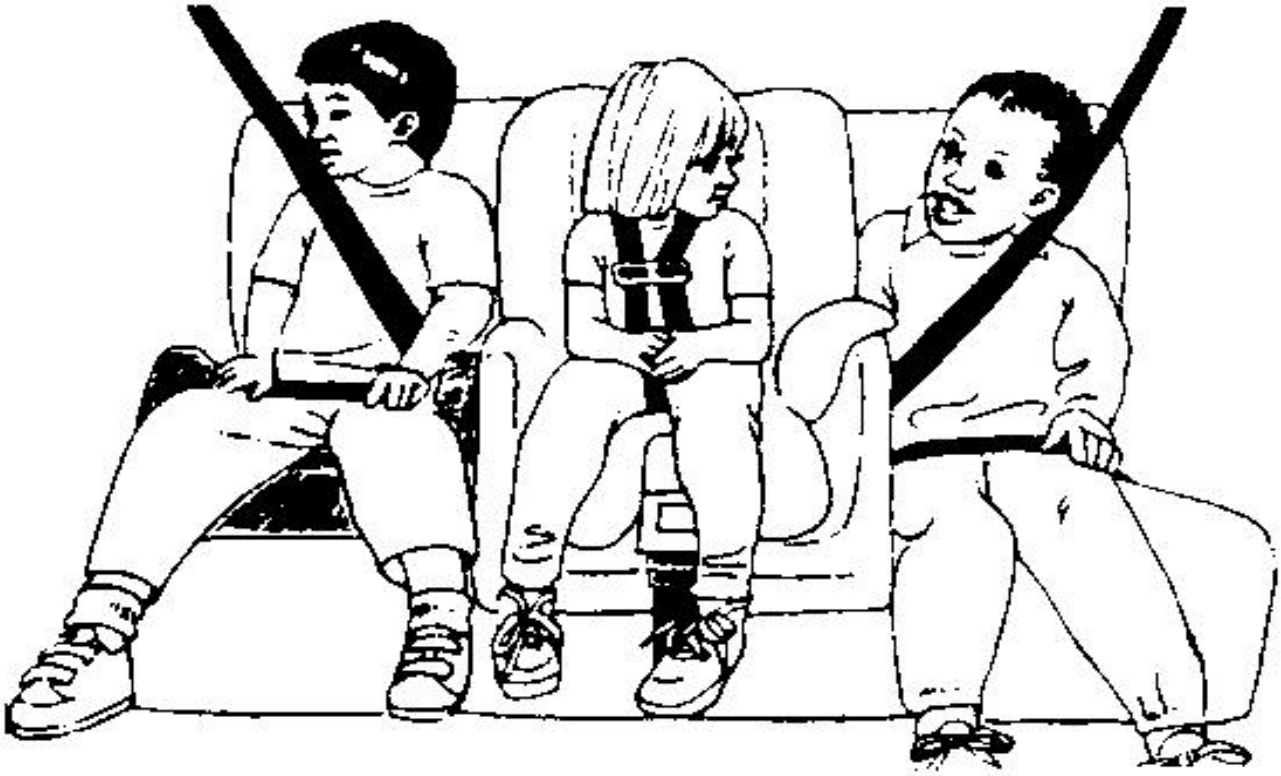
Infant in center rear position (safest). Rear-facing until at least 20 lbs. AND at least 1 year old. Ensure a recline of approximately 45°.

Forward-facing 20 to 40 lbs. (age 1 to about age 4).

Booster seats: 30 - 80 lbs. (about age 4 to at least 8 years of age AND under approx. 4' 9" tall).

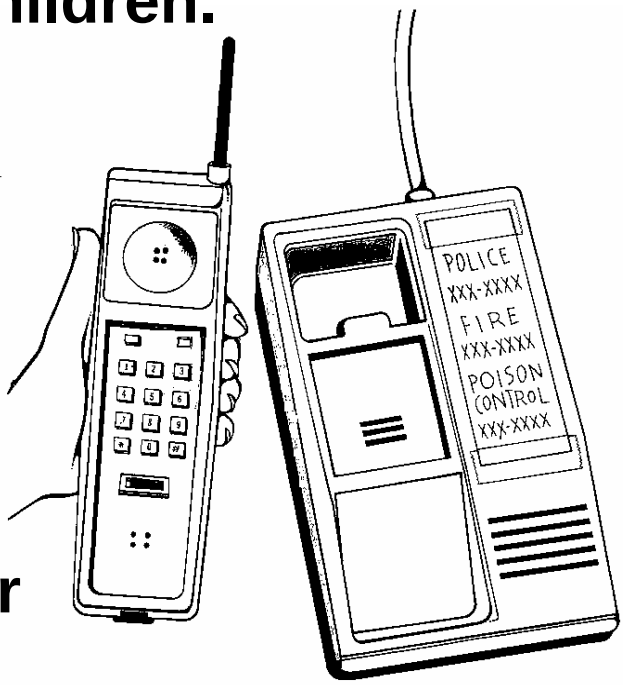
All children under 13 yrs. in the rear seats. Use seat belts for children at least 8 years old AND over 4' 9" tall (approximately 80 lbs).

Install seats properly - read and follow both car seat instruction manual and vehicle owner's manual, or contact (305) 673-4935 for help.



Use medicine only with an adult present.

Keep all poisonous materials in a high locked cabinet out of sight and reach of children.



Check and remove all dangerous indoor plants.

Post the phone # of the poison control center near all phones.

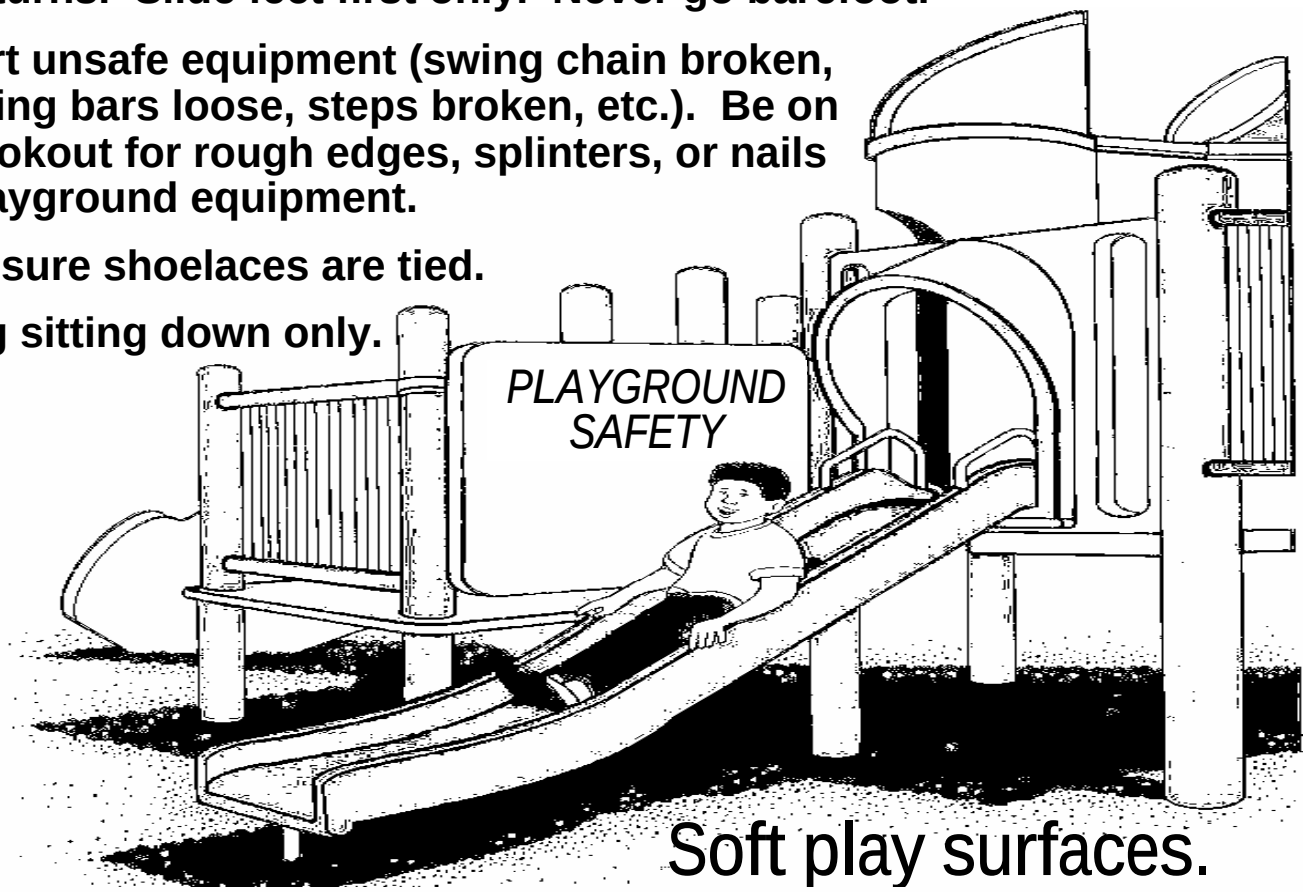
FALL PREVENTION

Take turns. Slide feet first only. Never go barefoot.

Report unsafe equipment (swing chain broken, climbing bars loose, steps broken, etc.). Be on the lookout for rough edges, splinters, or nails on playground equipment.

Make sure shoelaces are tied.

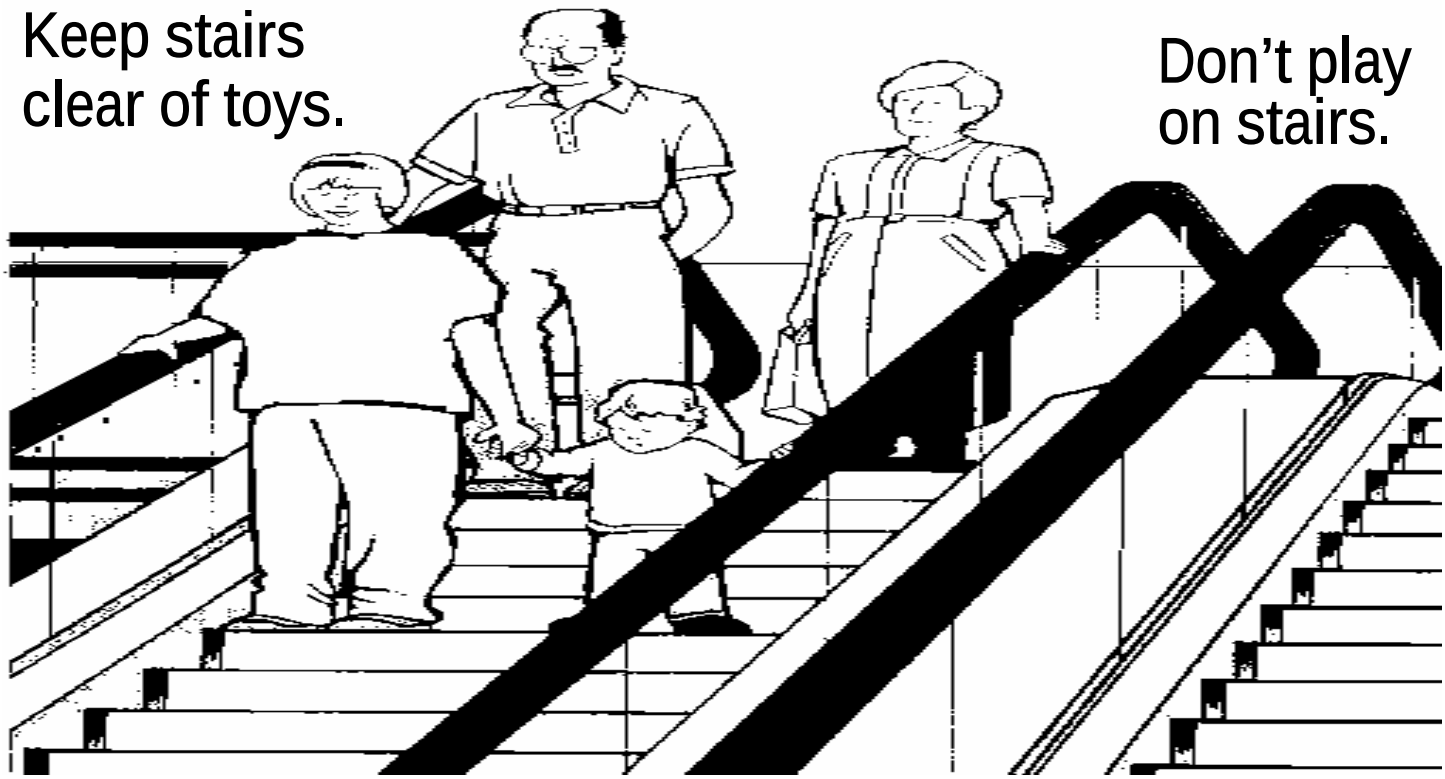
Swing sitting down only.



Soft play surfaces.

Keep stairs clear of toys.

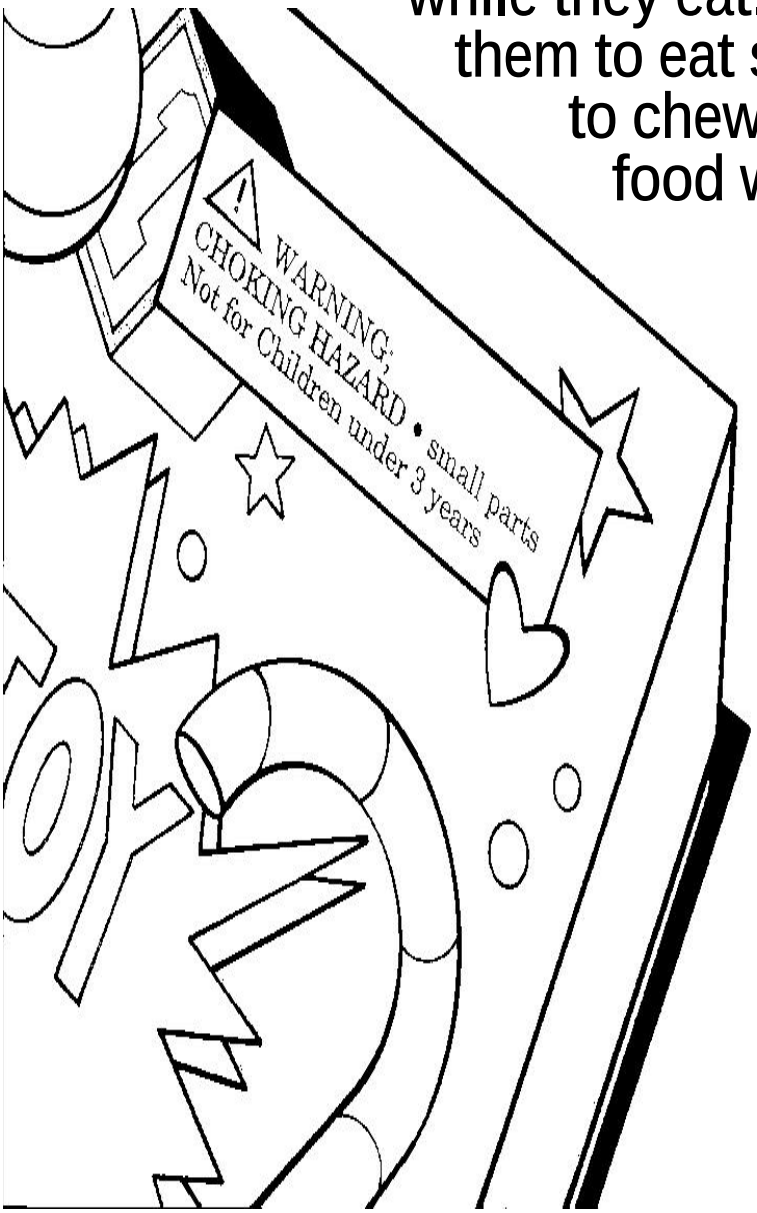
Don't play on stairs.



CHOKING & SUFFOCATION

Small children should stay away from coins, balloons, buttons, marbles & plastic bags!

Insist that your children eat at the table, or at least sitting down. Watch young children while they eat. Encourage them to eat slowly and to chew their food well.

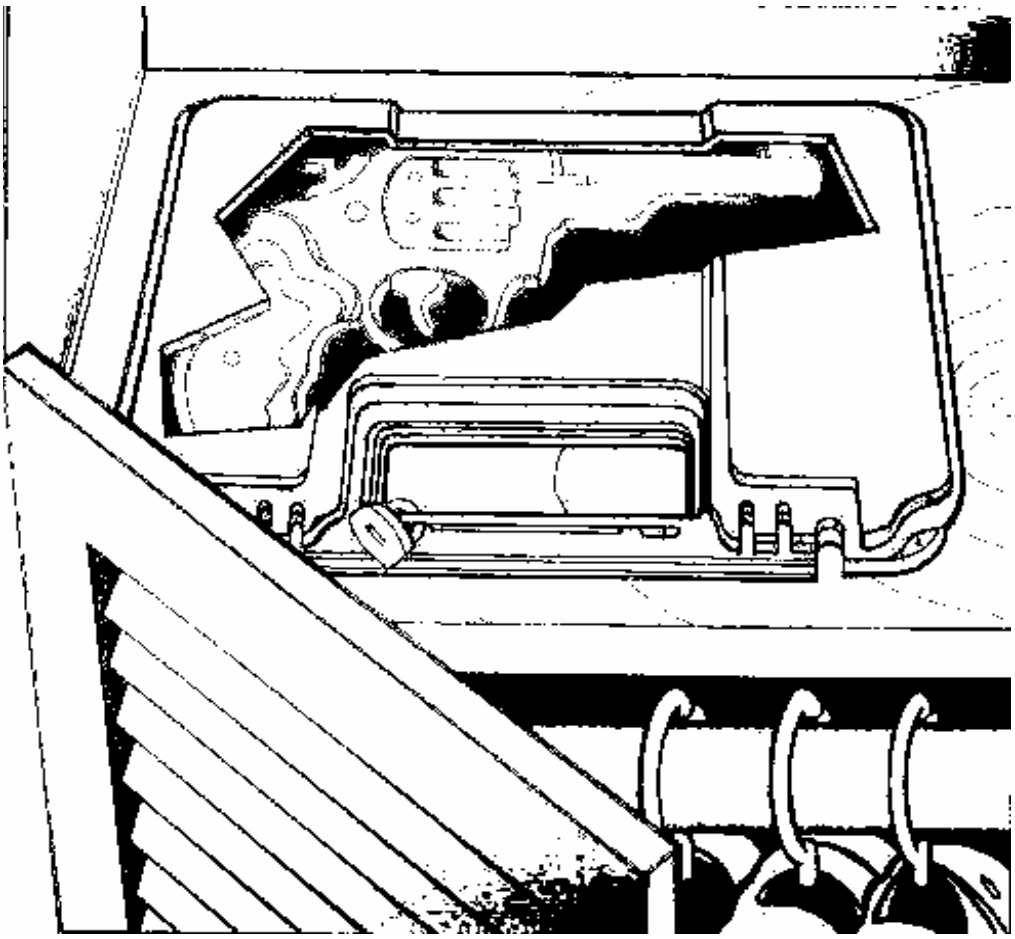


Cut up foods that are firm and round and can get stuck in your child's airway, such as hotdogs, grapes, raw vegetables, hard or sticky candy (whole peppermints or caramels), nuts and seeds (peanuts not for children under age 7), popcorn, spoonfuls of peanut butter.

GUNS ARE DANGEROUS

Guns should be kept unloaded and locked, out of sight & reach of children.

Bullets should be stored in a separate, locked place.



If you see a gun:

STOP!

DON'T TOUCH!

LEAVE THE AREA!

TELL A GROWN-UP!

BICYCLE SAFETY

Learn & practice Bike Safety Rules.

Children should never ride their bicycles at night.

When crossing the street with a grown-up, walk, don't ride your bicycle.

Ride on sidewalks or paths while under the constant supervision of a grown-up until at least 10 years old.

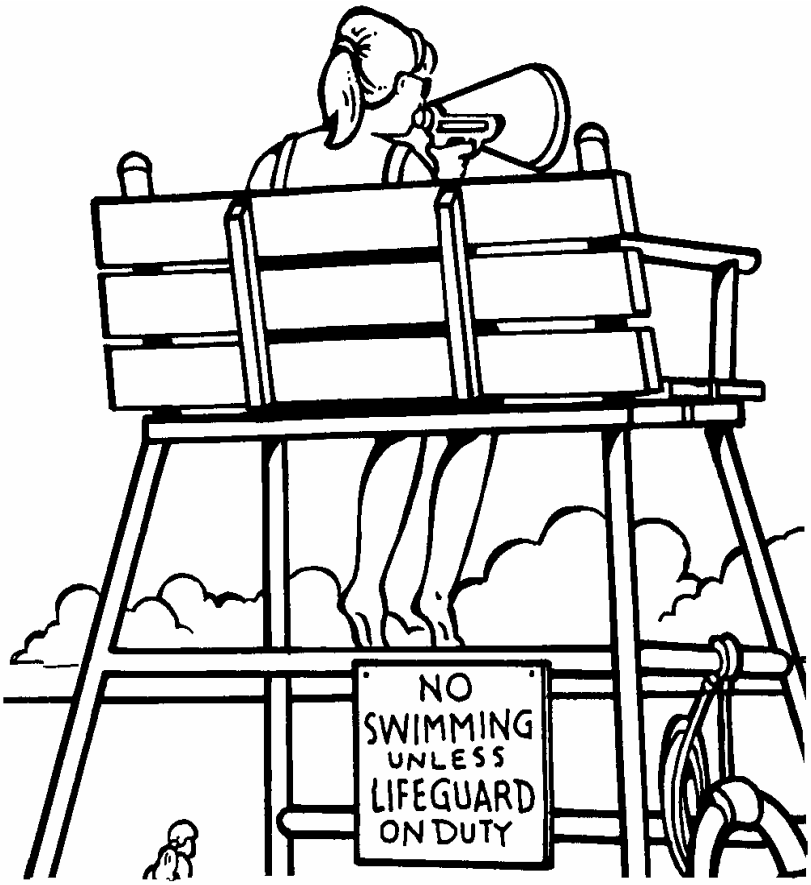
WATER SAFETY

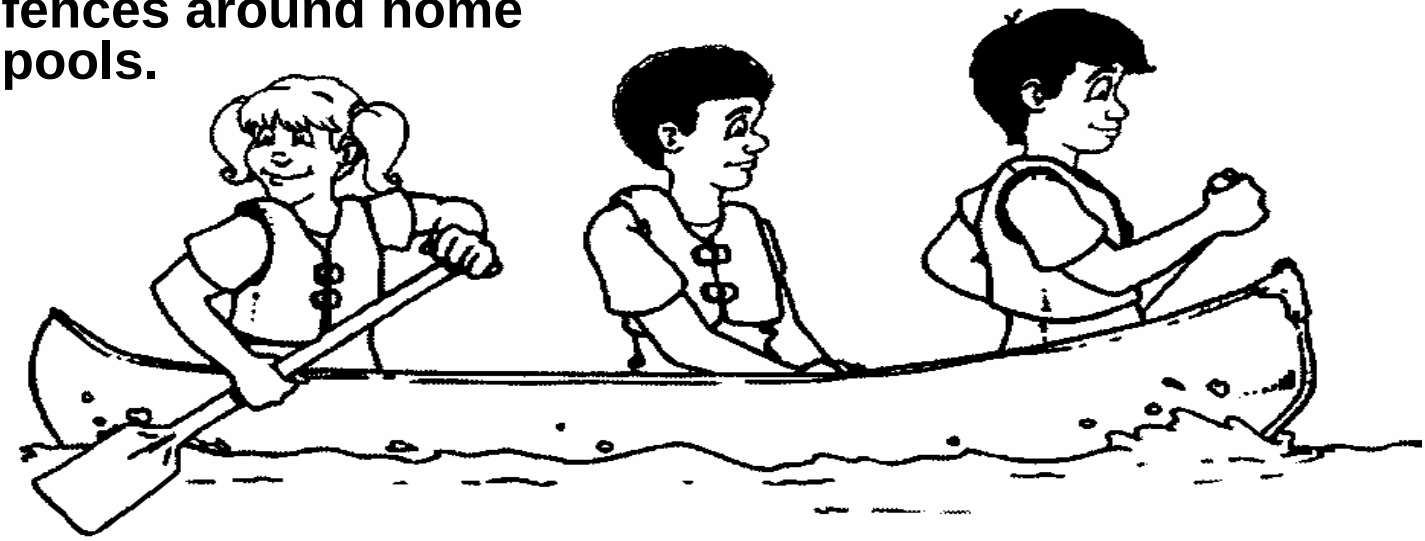
Never swim alone. Always swim with an adult or near a lifeguard station.

Always follow posted water safety rules.

Never leave a small child unsupervised around even small amounts of water.

At home, lock all doors, windows & gates leading to pools, ponds or canals and/or install 5' high fences around home pools.

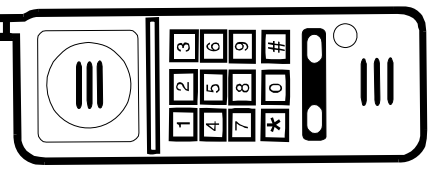




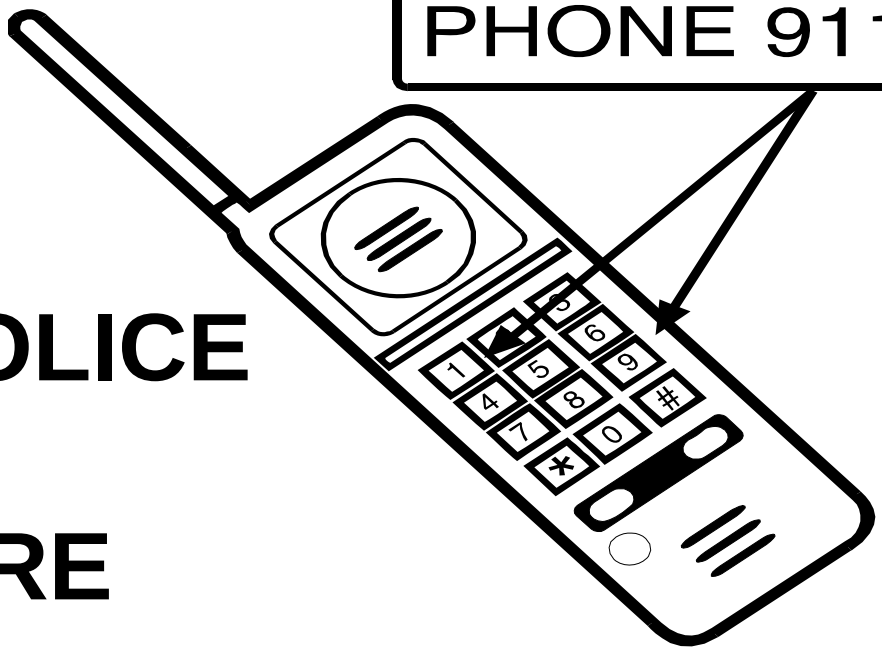
Get out of the water immediately if you hear thunder or see lightning.

Always wear a life jacket when in a boat.

911



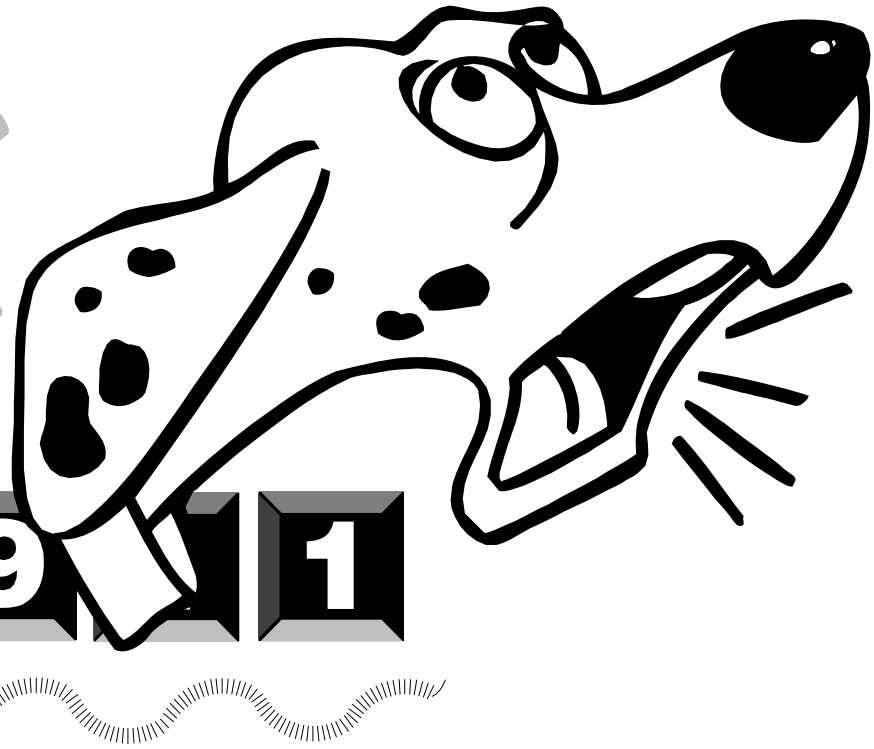
IN AN EMERGENCY
PHONE 911

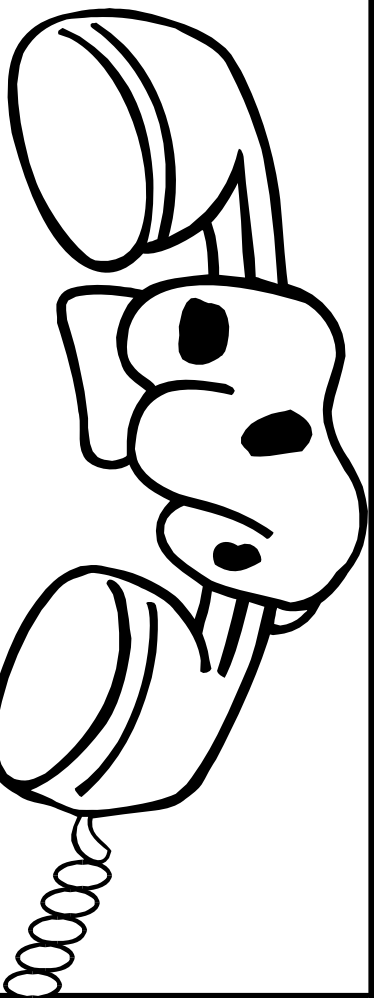


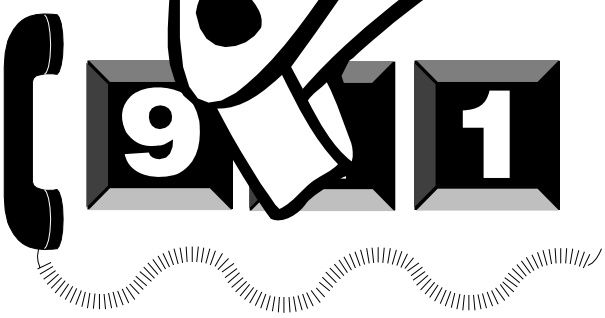
POLICE

FIRE

EMERGENCY MEDICAL







This book was designed by the Miami Beach Fire Rescue Department's Fire Prevention Division. If you would like information on other public fire & life safety educational materials and/or programs, please contact Inspector David Mogen, Public Education Section at (305) 673-7165.

E-mail: dmogen@miamibeachfl.gov
Fax: (305) 673-1085

PUBLIC EDUCATION SERVICES

JUVENILE FIRESETTER INTERVENTION

RISKWATCH® INJURY PREVENTION PROGRAM

FIRE & LIFE SAFETY FESTIVALS & FAIRS

CHILD PASSENGER SAFETY SEAT INSPECTION

TEEN DUI PREVENTION PROGRAM

HOME FIRE SAFETY INSPECTION

HURRICANE PREPARATION & EVACUATION

FIRE STATION TOURS

FIRE DRILL PLANNING & TRAINING

FIRE SAFETY PRESENTATIONS

CAREER DAY PRESENTATIONS

MIAMI BEACH FIRE RESCUE

"RAPID RESPONSE, QUALITY SERVICES"

Fire Chief
Miami Beach Fire Rescue

Fire & Life Safety Educator
Miami Beach Fire Rescue